

YOU HAVE BEEN SCHEDULED FOR A COLONOSCOPY/UPPER ENDOSCOPY

On _____ at _____ AM/PM at

FOLSOM SIERRA ENDOSCOPY CENTER

1671 Creekside Drive, Suite 100

Folsom, CA 95630 (916) 983-7475

Please arrive 60 minutes before your procedure time

****If your procedure is 7am, please arrive at 6:30am****

APPOINTMENTS MAY BE SUBJECT TO CHANGE, FLEXIBILITY IS APPRECIATED AS WE ATTEMPT TO INFORM YOU IN ADVANCE

IF YOU NEED TO RESCHEDULE OR CANCEL THIS PROCEDURE, PLEASE CALL OUR OFFICE

FOLSOM (916) 983-4444 or PLACERVILLE (530) 622-6430

We request 72 hours' notice to cancel a procedure as a courtesy to other patients who may have an urgent need

USE ONLY THESE INSTRUCTIONS AND DISREGARD ALL OTHER INSTRUCTIONS!

You will be given medications before the procedure that will make you drowsy afterwards. Someone you know must be immediately available when you are ready to be discharged and drive you home. Cab rides, and public transportation are not acceptable

PLEASE BRING PHOTO ID, INSURANCE CARD AND LIST OF ALL MEDICATIONS/SUPPLEMENTS ON DAY OF PROCEDURE

Medications you are taking

Aspirin: Do not take any aspirin product for _____ days prior to your exam.

Do not take any aspirin product on that day of exam unless instructed otherwise.

Other anti-inflammatory drugs (i.e., Motrin, Advil, Aleve, Excedrin, Celebrex, Vioxx):

Do not take these medications for _____ days prior to your exam.

Do not take these medications on the day of exam unless instructed otherwise.

Coumadin, Warfarin or other blood thinning agents (i.e., Plavix, Ticlid, Lovenox, Aggrenox):

Please notify your doctor if you are taking these types of medications

STOP taking _____ days prior to the procedure.

You may take the last dose on _____.

Diabetes medicines:

If you are on oral medications for diabetes, do not take the morning of the procedure

You can resume this medication after the procedure when you are ready to eat.

If you are taking insulin, please ask for detailed instructions.

You may take all other usual daily medications on the day of the procedure.

For upper endoscopy DO NOT EAT for 8 hours prior to the examination.

You may have clear liquids until 3 hours prior to the examination, then nothing by mouth

Your follow-up visit with the Gastroenterologist is _____