

You have been scheduled for a colonoscopy/upper endoscopy  
On \_\_\_\_\_ at \_\_\_\_\_ AM/PM at

**Folsom Sierra Endoscopy Center  
1600 Creekside Drive, Suite 1500  
Folsom, CA 95630 (916) 983-7475**

**Please arrive 30 minutes early for registration.**

If pre-op blood work has been ordered, have your blood drawn within 30 days prior to your procedure. A gastroenterology nurse will call the day before your procedure to confirm your appointment, verify your prep and notify you of the arrival time.

You will be given medications before the procedure that will make you drowsy afterwards. **Someone you know must drive you home. Cab rides and public transportation are not acceptable.** You will be at the endoscopy center approximately two (2) hours.

Medications you are taking

**Aspirin:**  Do not take any aspirin product for \_\_\_ days prior to your exam.

Do not take any aspirin product on the day of the exam unless instructed otherwise.

**Other anti-inflammatory drugs (i.e., Motrin, Advil, Aleve, Excedrin, Celebrex, Vioxx):**

Do not take these medications on the day of the exam unless instructed otherwise.

**Coumadin, Warfarin or other blood thinning agents (i.e., Plavix, Ticlid, Lovenox, Aggrenox):**

Please notify your doctor if you are taking these types of medicines.

STOP taking \_\_\_\_\_ days prior to the procedure.

Take the last dose on \_\_\_\_\_.

**Diabetes medicines:**

If you are on oral medications for diabetes, do not take the morning of the procedure.

You can resume this medication after the procedure when you are ready to eat.

If you are taking insulin, please ask for detailed instructions.

**You may take all other usual daily medications on day of the procedure.**

For upper endoscopy do not eat anything for 8 hours prior to the examination. You may have clear liquids until 3 hours prior to the examination, then nothing by mouth.

Your follow-up visit with the gastroenterologist is \_\_\_\_\_.